

Table S4. Odds ratio of awareness of recommendations according to socioeconomic factors

Socioeconomic factor	Odds ratio (95% confidence interval)
Age (yr)	
20s	1.00
30s	1.06 (0.66–1.70)
40s	0.93 (0.58–1.48)
50s	1.44 (0.92–2.25)
60s	1.50 (0.80–2.80)
Sex	
Male	1.00
Female	1.14 (0.84–1.54)
Marital status	
Married	1.00
Single	0.79 (0.57–1.09)
Bereavement/separation/divorce	1.09 (0.55–2.17)
Education	
College or more	1.00
High school	0.96 (0.65–1.41)
Middle school or less	0.81 (0.11–6.31)
Monthly household income (KRW)	
>6 million	1.00
3–6 million	0.75 (0.51–1.10)
<3 million	0.73 (0.49–1.08)
Cardiometabolic disease	
Yes	1.00
No	0.75 (0.55–1.02)